

FRPMC HOSTED ITS FIRST INTERNATIONAL CONFERENCE

VCAS, AIR MARSHAL HAMID RASHID RANDHAWA INAUGURATED ANATCON 2024

ANATCON 2024, the international conference of anatomy themed 'Role of Anatomy in Medical Advancement,' held at Fazaia Ruth Pfau Medical College on April 26-27th. The conference showcased significant contributions to anatomical science and medical research. Eminent Speakers from Pakistan, Sudan, Malaysia, South Africa, UAE and Saudi Arabia attended this mega event.

ANATCON 2024: Collaborative Effort of ASP and FRPMC

The Conference was inaugurated by Vice Chief of Air Staff Pakistan Air Force, Air Marshal Hamid Rashid Randhawa accompanied by Conference Chair & vice president of Anatomical Society of Pakistan, Prof. Masood Ahmed, Dean, Faculty of Medicine, Air University, Prof. Tahir Khadim, President Anatomical Society of Pakistan, Prof. Muhammad Suhail.



Chief Guest Vice Chief of Air Staff PAF, Air Marshal Hamid Rashid Randhawa with Presidents of APC, International Speakers at inauguration day of ANATCON-24.



Prof. Beverley Kramer, president IFAA during her keynote speech.

Professor Beverley Kramer, president of International Federation of Associations of Anatomists (SA) was the guest of honor. Speaking on the Challenges of Ethics in Anatomy in the 21st Century, she highlighted "Anatomy today faces significant ethical challenges. Ensuring informed consent, respecting cultural beliefs, maintaining



Several preconference workshops were held at different medical colleges of Pakistan.

donor dignity, and addressing the commercialization of human remains are critical issues. Advances like VR and 3D printing offer alternatives to cadaver dissection, though they can't completely replace hands-on learning.

Institution must provide robust ethics training and enforce clear policies on body

use. Transparency and public engagement are crucial for trust and informed consent. Going forward, we need international standards and continuous ethical review to navigate this complex landscape."

Other speakers including Prof. Dr. M. Eltohami Abdel Magid, Dr. Chea Pike-See, Dr. Micheal KH Ling shared their latest research and evidence-based practices.

In addition, there was a special session in which lifetime achievement awards were presented to Prof. Dr. Nasra Hyder Kazi, Prof. Amir Ali Shoro, Prof. Dr. Attiya Mubarak Khalid and Prof. Dr. Nosheen Omer to acknowledge their exceptional contributions to the field of anatomy.



Model and poster presentations from students drew admiration from speakers and attendees alike.



Along with this rich scientific program, there were social gathering, dinner, ethnic music and picnic to celebrate the diversity of Karachi.

FRPMC'S 4TH ANNUAL SPORTS GALA KICKED OFF WITH ENTHUSIASM

Three-Day Intense Sporting Events Held at FRPMC Base Commander Faisal, Inaugurated the Event

The three-day 4th Annual Sports of the FRPMC began on Friday, 23rd of February at the sports ground of PAF Base Faisal.

The first day was marked by an inauguration ceremony, followed by competitions including a 100-metre race, chess, table tennis, and a cricket match between Basic and Clinical faculty members. The following days featured events such as football, badminton, cricket, and volleyball.



The Base Commander of PAF Base Faisal with Principal and Vice Principal of FRPMC.

The Base Commander of PAF Base Faisal inaugurated the sports event. Addressing the participants, he said that sports made students better human beings, taught tolerance, and encouraged the spirit of competitiveness. He administered the oath to the sports teams and formally declared the commencement of the 2024 sports gala.

The sports week concluded with an award ceremony with great appreciation and applause for every sportsman.



A group photo of the winning team (4th year).

Sports	Winners
Badminton (Boys)	Niazi Haroon, Muneeb Shah
Badminton (Girls)	Zahra Salman, Laiba
Table Tennis (Boys)	Hamza
Table Tennis (Girls)	Zahra Salman
Cricket (Boys)	Team of 4th year
Cricket (Girls)	Team of 4th year
Football	Team of 4th year
Volleyball	Team of Final year
Chess (Boys)	Tariq Aziz
Chess (Girls)	Wajiha
Relay Race (Boys)	Team of 4th year
Relay Race (Girls)	Team of 4th year
100m Race (Boys)	Irtiza (4th year)
3-legged Race	Team of Final year

FRPMC HOLDS SOCIAL AND LITERARY FESTIVAL 2024

The social and literary week 2024 ended on February 20, featuring a Mushairah, Face to Face and a talent show. Throughout the three-day festival, attendees had the opportunity to meet and interact with famous celebrities, engage in thought-provoking discussions and entertain by a diverse range of performances.

The inaugural day of the Social and Literary Week set the stage ablaze with an array of captivating performances in drama skits, funny advertisements, singing and dance bring forward many budding artists. Celebrity guests Arman Rahim, Director Academic and Music Curator at Arts Council of Pakistan Karachi and famous young musician Omaish graced the event as judges. The auditorium buzzed with young energy as each performance unfolded, captivating the audience with its unique blend of entertainment and expression. The judges impressed by the caliber of

talent on display, selected the best performances, and acknowledged the dedication and creativity of the participants.



Day two commenced with an enthralling Mushairah, moderated by Shakeel Khan, Director of Administration at the Art Council Pakistan. It featured renowned poets such as Sabir Zafar, Khalid Moin, Ajmal Siraj, Ambreen Haseeb Amber, Hina Ambreen Tariq, Ahmed Salman, Alauddin Khanzada, Khalid Mir, Naeem Sameer and Noor ul Huda Shah. The event began with students reciting heartfelt poetry, garnering appreciation from the audience. Hafsa Khan was announced as the best among the student poets.

The final event of the festival, "Face to Face," started with great zeal and passion. Notable personalities from various walks of life, Iftikhar Shalwani, former Secretary of the Ministry of Health, Education, and Information, journalist Mazhar Abbas, and poet Sabir Zafar, graced the event and shared their experiences with the audience.



100 EMERGENCY PROCEDURES COURSE EXPLORED AT FRPMC

Doctors from All Over Pakistan Participated in Hands-On Workshop

A momentous event was organized by FRPMC in collaboration with the Pakistan Emergency Medicine Association and London College of Emergency, brought together medical teams from different parts of Pakistan.

This 3 days' workshop comprised of training the doctors in 100 Emergency Medicine Competencies along a hand on training session on level 1 vs training followed by MRCEM OSCE. Doctors from different parts of Pakistan attended the workshop enhanced their skills.

Dr. Ashfaque Sorthia, the key facilitator of the workshop, a renowned figure in emergency medicine, working in NHS UK as consultant, involved in teaching OSCE in UK for last 8 years,



emphasized the paramount importance of mastering resuscitative procedures in ensuring optimal patient outcomes in critical situations. "Our goal as a team is to provide medical professionals with

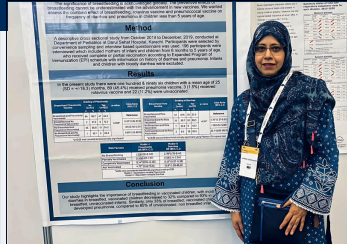
the knowledge, abilities, and self-assurance necessary to deliver excellent care in high-stakes scenarios," remarked Dr. Sorthia.

FRPMC FACULTY MEMBERS PARTICIPATE IN INTERNATIONAL MEDICAL EVENTS

Prof. Tahir Ansari, FRPMC faculty member, attended the International Cardiometabolic Forum 2024 (ICMF 2024), which took place in Beijing, China. Renowned endocrinologists,



cardiologists, and internal medicine specialists from 11 different countries participated. The event focused on recent advancements in the management of cardiometabolic diseases and diabetes."



Dr. Shireen Bham presented her research work at the 13th International Symposium on Pneumococci and Pneumococcal Diseases in Cape Town, South Africa through a poster presentation.

ADVANCE AIRWAY MANAGEMENT WORKSHOP AT FRPMC

In anticipation of the 42nd PSA Annual Conference, which focuses on Anesthesia Practice in Varied Healthcare Facilities, a preconference workshop on February 2nd featured Advanced Airway Management. Led by Prof. Zahid Akhtar Rao, a well-known expert, the workshop provided expertise and training for anesthesia practitioners.



AI IS REVOLUTIONIZING MEDICAL PRACTICE

Dr. Naved Sherwani CEO of RapidSilicon Unveils AI's Role in Transforming Medical Landscape

Dr. Naved Sherwani, Chairman, President & CEO of RapidSilicon, visited FRPMC for a face to face interaction with the students and faculty. Throughout his discussion, he highlighted AI's role in diagnostics, personalized treatments, and ethical considerations, emphasizing its profound impact on the future of healthcare. Dr. Sherwani explained, AI models can analyze large amounts of data to detect patterns and predict outcomes that may not be apparent to human healthcare providers.

Dr. Sherwani eloquently stated, "AI has the potential to revolutionize every aspect of medicine."



LAPTOPS DISTRIBUTED AMONG HIGH ACHIEVER STUDENTS OF FRPMC

Laptops were distributed to students who demonstrated excellent academic performance. The chief guest, Air Marshal Javaid Ahmed HI(M) (Retd.), said that acquiring the latest and most modern techniques is necessary to meet future challenges."



ROADMAP TO SUCCESS: AN INSPIRING SESSION WITH DR. JABEEN FAYYAZ DIRECTOR SIMKIDS CANADA

On February 27, 2024, an inspiring session took place at FRPMC featuring Dr. Jabeen Fayyaz from SickKids Hospital, Toronto. She shared her valuable experience, emphasizing the importance of humility, continuous learning, starting from medical training in Karachi, Pakistan, to pursuing advanced degrees and contributing to global emergency medicine programs, exemplifies unwavering determination and the belief that failure is merely a stepping stone to success. The students found her speech particularly impactful as she interacted with them as one of their own, leaving them with valuable insights to carry forward in their own journeys.



BOOK FAIR AT FRPMC

Each year FRPMC host a practical five-day book fair, offering students a convenient opportunity to purchase books on-site. The book fair at FRPMC has become a regular event, allowing them to easily access and acquire books within the campus premises.

Fair Offers Various Books, Including Reference Books, at Reasonable Prices



CME SEMINAR ON COLORECTAL CANCER AWARENESS: EARLY DETECTION SAVES LIVES

May 23, 2024 Dr. Faisal Wasim Ismail, Director of the Centre for Innovation in Medical Education and Associate Professor at The Aga Khan University Hospital, spoke on the importance of early detection, diet, exercise, and lifestyle changes in preventing colorectal cancer. The session was initiated by the HOD of the Gastroenterology Department at FRPMC, followed by Shouqat Ali, Senior Registrar at FRPMC, who discussed screening guidelines. The seminar concluded with a panel discussion.

WORLD HYPERTENSION DAY AT FRPMC

22nd May, 2024 World Hypertension Day was observed at FRPMC with an awareness walk organized by the Nephrology, Medicine, and Cardiology departments. The theme this year is 'Measure Your Blood Pressure Accurately, Control It, Live Longer' highlighted the need for timely diagnosis and proper management of hypertension to avoid its complications.



FRPMC HOSTS FIRST-EVER MOCK EXAM FOR POSTGRADUATE FCPS RESIDENTS

Appearing in IMM and FCPS II for Internal Medicine

On May 14, 2024, the Medicine Department at FRPMC conducted its first mock exam in the Skill Lab, simulating FCPS II (Med) / IMM for Postgraduate students pursuing FCPS in Medicine discipline. This session, facilitated by Prof. Saera Suhail Kidwai and Dr Fatima Zahra. The final year students were also engaged as volunteers which provided them with valuable practical assessment experience as they are preparing for their annual assessments.

FRPMC CELEBRATED ITS 5TH WHITE COAT CEREMONY

In the year 2024, FRPMC celebrated its fifth white coat ceremony. This event marked the students' official entry into medical



school, where they donned their white coats and recited the Physician's Pledge, affirming their commitment to the responsibilities of a physician. The ceremony was graced by Chief Guest, Air Marshal Javaid Ahmed. It followed a week of orientation, during which students became familiar with the college campus and their peers.

